

# ADULT MUSIC

## Freeing the Singing Voice

Charlene Kunitz

Class Comment: This small class is designed to liberate your singing voice through breath management, vocal range uniformity and resonant vocal tone. You will become more aware of physical freedom in singing through "body tuning." The songs learned are sung in a group, as well as individually. A materials fee of \$2 is included in the class fee. Requirements: small hand mirror and pencil. **Note: This class is held in the instructor's home studio.**

AM72a	1/21 - 2/25	Tues. 7:15-8:15pm
	Ages 13 - Adult	Fee: Memb \$57/NM67
AM72b	3/11 - 4/15	Tues. 7:15-8:15pm
	Ages 13 - Adult	Fee: Memb \$57/NM67

## Freeing the Singing Voice (Continued)

Charlene Kunitz

Class Comment: This continuing voice class has been designed to expand upon the basics of the beginning voice class. A materials fee of \$1 is included in the class fee. **Note: This class is held in the instructor's home studio.**

AM73a	1/21 - 2/25	Tues. 8:30-9:30pm
	Ages 13 - Adult	Fee: Memb \$56/NM66
AM73b	3/11 - 4/15	Tues. 8:30-9:30pm
	Ages 13 - Adult	Fee: Memb \$56/NM66

## Basic Guitar

Mary Superak

Class Comment: If you would like to be able to accompany yourself on the guitar using several different strumming and picking techniques, or need help understanding how to play chords, this is the class for you! In a positive and supportive atmosphere, students will feel safe and encouraged. By the end of our eight weeks together, you will be able to play some blues and folk tunes and know the proper way to hold a jam session. **Class size limited to 10.** A \$10 materials fee is included in the class fee.

### Beginning

AM74a	1/13 - 3/3*	Mon. 6:00-7:00pm
	Teen/Adult	Fee: Memb \$60/NM70
	*no class 2/3	
AM74b	3/10 - 4/14	Mon. 6:00-7:00pm
	Teen/Adult	Fee: Memb \$45/NM55

### Continuing

AM75a	1/13 - 3/3	Mon. 7:00-8:00pm
	Teen/Adult	Fee: Memb \$60/NM70
AM75b	3/10 - 4/14	Mon. 7:00-8:00pm
	Teen/Adult	Fee: Memb \$45/NM55

# DRAMA

New Class!

## Kids' Improv Troupe

Mary Superak and Laura Sandage

Class Comment: In this ten-week class, young improvisors will hone their performance improv skills, develop trust and teamwork ethics within the group, and perform in a show at the Art Center (additional local performing opportunities may be sought as well!). Experienced and beginning improvisors welcome.

**Maximum: 16/Minimum: 8.**

CT115	1/17 - 3/21	Fri. 3:45-5:15pm
	Ages 8-14	Fee: Memb \$90/NM100
	Performance	Fri. 3/21

## Stage Kids

### Imagination Theater (S.K.I.T.)

#### Theater of Dreams

Laura Sandage

Class Comment: Dreams can be scary, strange, funny, triumphant. We will share our dream experiences and create a unique and dynamic theater piece from them. Students will have behind the scenes jobs, as well as onstage roles. Clear and expressive use of the voice and body will be encouraged. Our show might involve poetry, music, sound effects, puppets - who knows? Anything is possible in dreams! A materials fee of \$8 is included.

**Maximum: 16/Minimum 6.**

CT116	2/18 - 5/6*	Tues. 3:45-5:15pm
	Ages 8-14	Fee: Memb \$95/NM105
	*no class 4/15	
	Performance	Sat. 5/10 7:00pm

# WRITING

## Creative Writing for Kids

Don Schwartz

Class Comments: This is an opportunity for kids ages 8-11 to write in a manner and style appropriate to their interests and abilities in a way that's fun and exciting for them. All forms of writing are encouraged, from detective stories, to fantasy pieces about princesses and castles, to poems about nature, to recounting of personal experiences, to journeys to Mars and beyond. Students write in class and at home, and then read their pieces out loud. In each class the instructor reads short selections from authors with an infectious imagination, such as Roald Dahl and Shel Silverstein.

CW114a	1/8 - 2/12	Wed. 5:30-6:30pm
	Ages 8-11	Fee: Memb \$70/NM80
CW114b	2/19 - 3/26	Wed. 5:30-6:30pm
	Ages 8-11	Fee: Memb \$70/NM80
CW114c	4/23 - 5/21	Wed. 5:30-6:30pm
	Ages 8-11	Fee: Memb \$58/NM68

## Creative Writing for Teens and Adults

Don Schwartz

Class Comment: This class is open to adults and teens who want to learn the secrets of creative writing. Using various texts and class discussion on composition and voice, students will learn how to tap into their personal experience and turn their experiences into prose. In each class students will submit anonymous writing samples that will be critiqued by the teacher and other students. The emphasis of the class is on creating a supportive, positive environment where students can take risks and develop a personal writing style. Both beginning and experienced writers are welcome. Please bring a writing sample to the first class.

AW76a	1/7 - 2/11	Tues. 7:00-8:30pm
	Teen/Adult	Fee: Memb \$70/NM80
AW76b	2/18 - 3/25	Tues. 7:00-8:30pm
	Teen/Adult	Fee: Memb \$70/NM80
AW76c	4/22 - 5/20	Tues. 7:00-8:30pm
	Adult	Fee: Memb \$58/NM68

New Class!

## Morning Writing

Laura Sandage

Class Comment: This class is designed to get you writing no matter what excuses you may have, regardless of your experience (or lack of). We will experiment with techniques from the books of Natalie Goldberg, Julia Cameron, John Fox, and many others, building our repertoire of workable methods to turn on the flow of words. Most of our in-class time will be spent with pen to paper. We will sometimes read aloud to the group or pass out copies of pieces we have written, if inclined to share. We will also talk about the writing we do outside of class. Any genre, any level of experience welcome. Bring pen and paper. **Maximum: 12/Minimum: 4.**

AW78a	1/23 - 2/27	Thurs. 10:00-11:30am
	Adult	Fee: Memb \$54/NM64
AW78b	3/6 - 4/10	Thurs. 10:00-11:30am
	Adult	Fee: Memb \$54/NM64

## Poetry Workshop

Hannah Stein

Class Comment: Come to a series of five two-hour workshops on Wednesday evenings. This session will evolve around the theme of the journey, both literal and metaphoric. Workshop members will be encouraged to explore their experiences of both actual travel and of imaginary and inward exploration as a catalyst for writing. Examples will be drawn from work of 20th and 21st century poets who have written of journeys - from the most mundane trips to visionary quests, and varied passages in between. The workshop includes instruction, writing exercises, and sharing of copies of work in progress. Emphasis is on refining technique while fostering the individual voice in a comfortable, supportive environment. Bring writing materials.

AW79	1/8, 1/22, 2/5	Wed. 7:30-9:30pm
	2/26 & 3/12	Fee: Memb \$85/NM95
	Adult	

See Janice Kelley's

*The Art of Storytelling and Journaling*  
on Page 4 under Workshops.

New Class!

## Indoor Games

Laura Sandage

Class Comment: When the weather outside is rainy and cold, come inside and play games with us! The class will include many kinds of games - from classic parlor games and non-competitive team-building games to brain teasers and improvisation games. Anyone with a playful spirit is welcome! **Maximum: 16/Minimum 6.**

CT117	1/7 - 2/11	Tues. 3:45-4:45pm
	Ages 8 & up	Fee: Memb \$45/NM55

New Class!

## Improv for Women

Mary Superak

Class Comment: Join with other women to express life through the medium of improvisation. Share laughter, playfulness and celebrate who you are. No theater experience necessary, just a willingness to come out and play! Class fee includes an \$8 materials fee.

AT81	1/14 - 3/18	Tues. 7:00-8:00pm
	Ages 18 & up	Fee: Memb \$60/NM70

For upcoming events  
see next page.