

MARTIAL ARTS

Tang Soo Do - Children's

Charles Davis & Paul Bergman

Class Comment: This martial art teaches young students more than how to punch, kick and block. Class is taught in a traditional way with emphasis on bowing, respect for others and a philosophy of non-aggression to help students develop not only physical skills, but confidence and self-discipline. New students should wear loose, comfortable workout clothes. Uniforms and consent of instructor are required for continued enrollment.

CS102a	1/6- 2/12* Ages 7-12 *no class 1/20	Mon/Wed. 7:00-8:00pm Fee: Memb \$50/NM60
CS102b	2/19- 3/26* Ages 7-12 *no class 2/17	Mon/Wed. 7:00-8:00pm Fee: Memb \$50/NM60
CS102c	3/31 - 5/7 Ages 7-12	Mon/Wed. 7:00-8:00pm Fee: Memb \$54/NM64
CS102d	5/12 - 6/18 Ages 7-12	Mon/Wed. 7:00-8:00pm Fee: Memb \$50/NM60

Aikido for Kids

William Thomas and David Birt

Class Comment: This class stresses introductory level skills and introduces the child to basic Aikido movements and ukemi: the art of blending with a partner's energy. Learning to roll and fall play a key part in the study of ukemi. Students are not required to have a gi. (the martial arts uniform), but should wear sweat pants and sweat top. Exceptions to age limit by permission of instructor.

CS103a	1/9 - 2/20 Ages 6 and up	Thurs. 4:00-5:00pm Fee: Memb \$63/NM73
CS103b	2/27 - 4/10 Ages 6 and up	Thurs. 4:00-5:00pm Fee: Memb \$63/NM73
CS103c	4/24 - 6/5 Ages 6 and up	Thurs. 4:00-5:00pm Fee: Memb \$63/NM73

Tang Soo Do Adults

Charles Davis

Class Comment: Tang Soo Do is a hard-soft style that draws from ancient heritages of both Korean and Chinese martial arts. This class is taught in a traditional manner-with emphasis on bowing, etiquette, self-discipline and respect for others to help students develop physically, mentally and spiritually. Curriculum includes basic skills training (kicking, striking and blocking), self-defense, "hyung" or forms, and noncontact sparring. New students should wear loose, comfortable workout clothes. Uniforms and consent of instructors are required for continued enrollment. Class schedule depends on student ranking. (Students transferring from other styles should speak to instructor first.)

Black/Red Belts

AS67a	1/6- 2/12* Continued *no class 1/20	Mon/Wed. 8:00-9:00pm Fee: Memb \$50/NM60
AS67b	2/19 - 3/26* Continued *no class 2/17	Mon/Wed. 8:00-9:00pm Fee: Memb \$50/NM60
AS67c	3/31 - 5/7 Continued	Mon/Wed. 8:00-9:00pm Fee: Memb \$54/NM64
AS67d	5/12 - 6/18 Continued	Mon/Wed. 8:00-9:00pm Fee: Memb \$50/NM60

Green/Orange Belts

AS68a	1/6 - 2/12* Continued *no class 1/20	Mon. 7:00-8:00pm Wed. 8:00-9:00pm Fee: Memb \$50/NM60
AS68b	2/19 - 3/26* *no class 2/17 Continued	Mon. 7:00-8:00pm Wed. 8:00-9:00pm Fee: Memb \$50/NM60

Green/Orange Belts (cont.)

AS68c	3/31 - 5/7 Continued	Mon. 7:00-8:00pm Wed. 8:00-9:00pm Fee: Memb \$54/NM64
AS68d	5/12 - 6/18 Continued	Mon. 7:00-8:00pm Wed. 8:00-9:00pm Fee: Memb \$50/NM60

White Belts

AS69a	1/6- 2/12* Continued *no class 1/20	Mon/Wed. 7:00-8:00pm Fee: Memb \$50/NM60
AS69b	2/19 - 3/26* Continued *no class 2/17	Mon/Wed. 7:00-8:00pm Fee: Memb \$50/NM60
AS69c	3/31 - 5/7 Continued	Mon/Wed. 7:00-8:00pm Fee: Memb \$54/NM64
AS69d	5/12 - 6/18 Continued	Mon/Wed. 7:00-8:00pm Fee: Memb \$50/NM60

See previous page for T'ai Chi.

T.A.L.K.

Teach Another Language to Kids

Class Comment: Children in 1st through 6th grade are invited to learn another language through TALK, a two-semester program before school at the Davis Art Center or after school at Pioneer and Montgomery Elementary Schools. Now in its 11th year, TALK utilizes songs, games, art projects, stories and plays to teach children to speak and understand. Research has shown that children who hear a foreign language at a young age tend to develop a more native-like accent. **A maximum enrollment of 15 students per class** assures focused one-on-one instruction in a positive, supportive atmosphere. Class fees per semester, to be paid in full by the first class (Winter/Spring 2/3/03), cover supplies, teacher salaries and administrative costs. **Fall students are guaranteed space in the Winter/Spring semester if enrolled by 1/10/03. Parents please note: TALK is open to all elementary students.** Those attending North Davis will be walked across the park at 8:10; students from other schools must have appropriate transportation each day. Students in pm programs may not remain on campus after class without adult supervision. **Also note: fees will be refunded during the first week only** or if minimum enrollment is not met or the TALK program evaluates the student's developmental level to be inappropriate. Scholarships, as available, are compliments of local businesses and/or the TALK Board. Ask for application at time of registration.

Beginning Spanish

Children will be introduced to basic language skills, learning numbers, colors, common nouns, days and months of the year and simple phrases. Students are generally placed in Beginning Spanish for 2 years. Classes are divided by ability level.

CL10	2/3 - 5/23 Grades 1-6 location	Mon. - Fri. 7:40 - 8:10am Fee: Memb \$210/NM220 DAC
CL11a	2/3 - 5/23 Grades 1-3 location	Mon. - Fri. 2:40 - 3:10pm Fee: Memb \$210/NM220 Pioneer Elementary School
CL11b	2/3 - 5/23 Grades 4-6 location	Mon. - Fri. 3:10-3:40pm Fee: Memb \$210/NM220 Pioneer Elementary School
CL12a	2/3 - 5/23 Grades 1-3 location	Mon. - Fri. 2:40-3:10pm Fee: Memb \$210/NM220 Montgomery Elementary
CL12b	2/3 - 5/23 Grades 4-6 location	Mon.-Fri. 3:10-3:40pm Fee: Memb \$210/NM220 Montgomery Elementary

Intermediate Spanish

Children will continue to develop new vocabulary and communication skills and begin reading Spanish. Two (2) years of Beginning Spanish (or equivalent) is required or by teacher evaluation.

CL13	2/3 - 5/23 Grades 1-6 location	Mon. - Fri. 7:40 - 8:10am Fee: Memb \$210/NM220 DAC
CL14	2/3 - 5/23 Grades 3-6 location	Mon. - Fri. 3:10-3:40pm Fee: Memb \$210/NM220 Pioneer Elementary School

Advanced Spanish

Class Comment: For students with several years of TALK and evaluation of teacher (or equivalent experience such as one or more years in Spanish Immersion).

CL15	2/3 - 5/23 Grades 3-6 location	Mon. - Fri. 7:40-8:10am Fee: Memb \$210/NM220 DAC
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Beginning French

Children will be introduced to basic language skills, learning numbers, colors, common nouns, days and months of the year and simple phrases. Students are placed in Beginning French for 2 years and advancement upon teacher evaluation.

CL16	2/3 - 5/23 Grades 1-6 location	Mon. - Fri. 7:40 - 8:10am Fee: Memb \$210/NM220 DAC
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Intermediate French

Children will continue to develop new vocabulary and communication skills. Two (2) years of Beginning French (or equivalent) is required or by teacher evaluation.

CL17	2/3 - 5/23 Grades 1-6 location	Mon. - Fri. 7:40 - 8:10am Fee: Memb \$210/NM220 DAC
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*A complete calendar, including all holidays, will be provided the first day of class. **Parents are welcome to visit classes. The first Monday of each month is Parents' Day. Minimum enrollment must be reached or class may be cancelled.**