

ADULT BALLET

Intermediate Ballet

Jean Snyder

Class Comment: This class is for students with previous knowledge of ballet technique. The student will get individual attention and be able to work at their own pace and level, including pointe work for those who wish. As this is a continuing class, you can join at the start of any session.

Note: Tues./Thurs. synonymous sessions available.

AD50a	1/14 - 2/18 Teen/Adult	Tues. 12:00-1:15pm Fee: Memb \$54/NM64
AD50b	1/16- 2/20 Teen/Adult	Thurs. 12:00-1:15pm Fee: Memb \$54/NM64
AD51a	2/25 - 4/1 Teen/Adult	Tues. 12:00-1:15pm Fee: Memb \$54/NM64
AD51b	2/27 - 4/3 Teen Adult	Thurs. 12:00-1:15pm Fee: Memb \$54/NM64
AD52a	4/22 - 6/10* Teen/Adult	Tues. 12:00-1:15pm Fee: Memb \$72/NM82
	*8 week session	
AD52b	4/24 - 6/12* Teen/Adult	Thurs. 12:00-1:15pm Fee: Memb \$72/NM82
	*8 week session	

Beginning Ballet for Adults and Homeschoolers

Hanneke Lohse

AD53a	1/7 - 2/6	Tues./Thurs. 10:00-11:00am Fee: Memb \$75/NM85
AD53b	2/18 -3/20	Tues./Thurs. 10:00-11:00am Fee: Memb \$75/NM85
AD53c	3/25 - 4/24	Tues./Thurs. 10:00-11:00am Fee: Memb \$75/NM85
AD53d	4/29 - 6/5	Tues./Thurs. 10:00-11:00am Fee: Memb \$90/NM100

Intermediate / Advanced Ballet

Hanneke Lohse

Class Comment: For Adults/college students who have had some ballet.

AD54a	1/7- 2/6 Teen/Adult	Tues./Thurs. 8:30-10:00am Fee: Memb \$95/NM105
AD54b	2/18 - 3/20 Teen/Adult	Tues./Thurs. 8:30-10:00am Fee: Memb \$95/NM105
AD54c	3/25 - 4/24 Teen/Adult	Tues./Thurs. 8:30-10:00am Fee: Memb \$95/NM105
AD54d	4/29- 6/5 Teen/Adult	Tues./Thurs. 8:30-10:00am Fee: Memb \$114/NM124

Intermediate/Advanced Ballet for Adults

Hanneke Lohse

Class Comment: For Adults/college students who have had some ballet.

AD55a	1/11 - 2/8 Adult	Sat. 8:30-10:00am Fee: Memb \$48/NM58
AD55b	2/22 - 3/22 Adult	Sat. 8:30-10:00am Fee: Memb \$48/NM58
AD55c	3/29 - 4/26* Adult	Sat. 8:30-10:00am Fee: Memb \$48/NM58
	*no class 4/19	
AD55d	5/3 - 6/7 Adult	Sat. 8:30-10:00am Fee: Memb \$57/NM67

CHILDREN'S DANCE

Creative Expression for Preschoolers

Norma Ambrosini

Class Comment: Before children begin a more specific form of dance, this class provides an introduction to all types of music and movement - to which a young child is instinctively drawn. Using rhythms, songs, stretching, games, costumes and make-believe, children can sing, clap, move fast or slow, become a character or just stand still. As we explore the senses, we will focus on absorbing the music, co-ordination and the idea of self space (as well as that of others!). Parent participation encouraged in the first class; comfortable clothes and bare feet or soft dance shoes recommended. A \$5 materials fee is included.

CD70a	1/15 - 2/5 Ages 2 1/2-4	Wed. 9:30-10:15am Fee: Memb \$30/NM40
CD70b	2/19 - 3/12 Ages 2 1/2-4	Wed. 9:30-10:15am Fee: Memb \$30/NM40
CD70c	3/26 - 4/16 Ages 2 1/2-4	Wed. 9:30-10:15am Fee: Memb \$30/NM40
CD70d	4/30 - 5/21 Ages 2 1/2-4	Wed. 9:30-10:15am Fee: Memb \$30/NM40
CD71a	1/16 - 2/6 Ages 2 1/2-4	Thurs. 10:15-11:00am Fee: Memb \$30/NM40
CD71b	2/20 - 3/13 Ages 2 1/2-4	Thurs.10:15-11:00am Fee: Memb \$30/NM40
CD71c	3/27 - 4/17 Ages 2 1/2-4	Thurs. 10:15-11:00am Fee: Memb \$30/NM40
CD71d	5/1 - 5/22 Ages 2 1/2-4	Thurs. 10:15-11:00am Fee: Memb \$30/NM40

Creative Expression II

Norma Ambrosini

Class Comment: In this course students will help create a story with movement including the parts they will play (such as flowers, rabbits, trees and birds) and a musical score to accompany the final "production".

CD72a	1/15 - 2/5 Ages 3 1/2-5	Wed. 10:30-11:15am Fee: Memb \$30/NM40
CD72b	2/19 - 3/12 Ages 3 1/2-5	Wed. 10:30-11:15am Fee: Memb \$30/NM40
CD72c	3/26 - 4/16 Ages 3 1/2-5	Wed. 10:30-11:15am Fee: Memb \$30/NM40
CD72d	4/30-5/21 Ages 3 1/2-5	Wed. 10:30-11:15am Fee: Memb \$30/NM40



Jazz Dance for Kids

Breanne Frady

Class Comment: Jazz is one of the best ways to build skills such as balance and coordination while having fun. Dancing also helps to improve self-esteem and stage presence for boys and girls. Not only will students learn routines and practice different steps, but they will get a chance to choreograph and master new techniques. There will be a small performance at the end of each session. Friends and family welcome. Class fee includes a \$5 materials fee.

CD74a	1/8 - 2/5 Ages 4-6	Wed. 3:00-3:45pm Fee: Memb \$45/NM55
CD74b	2/19 - 3/19 Ages 4-6	Wed. 3:00-3:45pm Fee: Memb \$45/NM55
CD74c	4/2 - 4/30 Ages 4-6	Wed. 3:00-3:45pm Fee: Memb \$45/NM55
CD75a	1/8 - 2/5 Ages 7-9	Wed. 4:00-5:00pm Fee: Memb \$50/NM60
CD75b	2/19 - 3/19 Ages 7-9	Wed. 4:00-5:00pm Fee: Memb \$50/NM60
CD75c	4/2 - 4/30 Ages 7-9	Wed. 4:00-5:00pm Fee: Memb \$50/NM60
CD76a	1/8 - 2/5 Ages 10 & up	Wed. 5:00-6:00pm Fee: Memb \$50/NM60
CD76b	2/19 - 3/19 Ages 10 & up	Wed. 5:00-6:00pm Fee: Memb \$50/NM60
CD76c	4/2 - 4/30 Ages 10 & up	Wed. 5:00-6:00pm Fee: Memb \$50/NM60

ADULT DANCE

Dance from the Caribbean

Agnes Johnson

Class Comment: Feel the rhythm of steel drums and the voices of calypso. This class will teach the meaning of CARNIVAL, which is celebrated around the world. This colorful, historical and creative expression of all the art forms unites all cultures to "Play Mas". Students will be introduced to the history and grand costuming of Carnival. All levels welcome. A large skirt for women is recommended. Be prepared to dance.

AD57	1/9 - 2/13 Teen/Adult	Thurs. 7:30-9:30pm Fee: Memb \$60/NM70
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Modern Dance

Intermediate / Advanced

Linda Bair

Class Comment: This class is for dancers with a back-ground in modern, jazz, or ballet. We will explore technique while emphasizing use of breath, energy, phrasing and initiation of movement.

AD58a	2/20 - 3/27 Teen/Adult	Thurs. 7:30-9:00pm Fee: Memb \$60/NM70
AD58b	4/3 - 5/8 Teen/Adult	Thurs. 7:30-9:00pm Fee: Memb \$60/NM70
AD58c	5/15 - 6/19 Teen/Adult	Thurs. 7:30-9:00pm Fee: Memb \$60/NM70